

Catholic Candle

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Catholic Candle note: In the article below, the reference to becoming an “ordinary saint” is not a reference to becoming a saint through attending the evil *novus ordo* mass, a/k/a the “ordinary rite”. The new mass is inherently evil and a sacrilege. This evil rite does not give grace¹ or help us toward heaven.

Although God could have chosen to redeem man in a different way than the way He chose, “every part of God’s Life on earth was needed” to do redeem man in the way that was best and most fitting.

Every Part of God’s Life on Earth Was Needed To Make You an Ordinary Saint

God could have come to earth as a baby and lived His entire time on earth in this way. That would have sufficed to open the Gates of Heaven, had He chosen that means of salvation. But the Father wanted Christ’s life to demonstrate how we should live our lives day-by-day. Christ spent most of His Life working as a humble carpenter. Although He was the Creator and Lord of all things, He remained obedient not only to His Heavenly Father but also to His human foster father, St. Joseph. For 33 years, He lived, suffered, and then after that, died for us. Each of His virtues demonstrates how we must live to reach Heaven.

Both His Life on earth and His Passion were tremendous helps to show just how evil sin is and how necessary it is to avoid even the smallest of venial sins. He established a perfect Faith for us to follow, fidelity to which assures salvation. This salvation is rather easy to achieve – we “merely” must love God and avoid sin. That is not hard if we understand all that God has done for us – especially suffering and dying for us that we might have a chance to spend our eternity in Heaven. If you were the only one on earth, He would have suffered and died just for you.

The perfect Faith, that is, the uncompromising Catholic Faith, is a gift, a personal gift to be nurtured with study and prayer. Through these means, we should live our lives

¹ <https://catholiccandle.neocities.org/faith/new-mass-never-grace.html>

helping others, avoiding sin, and accepting all that happens to us as God's will for us – with the exception of sin, of course.

In addition to all the above, He gave us a conscience which we need to inform, and which will guide us and aid us in avoiding sin. Such a conscience is a precious gift which few safeguard or use as God intended.

In closing, few realize or appreciate all that God has done for us. If they did, they would be “ordinary” saints bound for Heaven. It's not hard; most people do not realize how easy it is. So, they give up the spiritual life and live like the rest of society. It is never too late to reverse course!

So let us not wait! Let us start today with prayer and study!



Words to Live by – from Catholic Tradition

The Tremendous Value of the Crosses Which God Sends to Us

By trials the sensory part of the soul is purified and strengthened, and the spiritual part is refined, purged, and disposed. Since unpurified souls must undergo the sufferings of fire in the next life [*viz.*, in Purgatory] to attain union with God in glory, so in this life they must undergo the fire of these sufferings to reach the union of perfection. ***This fire [*viz.*, trials] acts on some more vigorously than on others, and on some for a longer time than on others, according to the degree of union to which God wishes to raise them,*** and according to what they must be purged of.

St. John of the Cross, Mystical Doctor of the Church, *Living Flame of Love*, Stanza 2, #25 (emphasis and bracketed words added).



Mary's School of Sanctity

Lesson #25 – The Spiritual Exercises of St. Ignatius – SECOND WEEK – EXPLANATION ON THE THREE MODES OF HUMILITY

This part of the *Spiritual Exercises* is not, strictly speaking, set up in the form of a meditation. But one could certainly adapt this information into a meditation. One would

take the information given by St. Ignatius and ponder these points and make the suggested colloquies. One could structure the information like St. Ignatius does. Below we will first set out the explanation as St. Ignatius gives it and then we will set forth a structure which one could use if he were going to meditate on the information.

THE THREE MODES OF HUMILITY

The first mode of humility is necessary for eternal salvation. This requires that I humble and abase myself as much as is possible for me, in order that I may obey in all things the law of God Our Lord. Accordingly, I would not give consideration to the thought of breaking any commandment, divine or human, that binds me under pain of mortal sin, even though this offense would make me master of all creation or would preserve my life on earth.

The second mode of humility is more perfect than the first. I am in possession of it if my state of mind is such that I neither desire nor even prefer to have riches rather than poverty, to seek honor rather than dishonor, to have a long life rather than a short one, provided that here be the same opportunity to serve God Our Lord, and to save my soul. Nor would I, for the sake of all creation or the purpose of saving my life, consider committing a single venial sin.

The third mode of humility is the most perfect. This exists when the first and second forms are already possessed, and the praise and glory of the Divine Majesty being equally served, I desire and choose poverty with Christ poor² rather than riches, in order to be more like Christ Our Lord; [and] when I choose reproaches with Christ,³ thus, [choosing] suffering rather than honor, and when I am willing to be considered as worthless and a fool for Christ Who suffered such treatment before me, rather than to be esteemed as wise and prudent in this world.

If one desires to attain this third form of humility, it will be very profitable for him to make the three colloquies on the three classes of men (mentioned earlier). He should implore Our Lord to be pleased to choose him for this third form of humility, which is greater and more perfect, so that he may better imitate and serve Him, provided it be for the equal or greater service and praise of His Divine Majesty.

² *i.e.*, in His Poverty.

³ *i.e.*, suffering what He suffered.

Now We Set Up this Information as a Meditation.

The *preparatory prayer* is the same as usual: *I ask God Our Lord for the grace that all my intentions, actions, and works may be directed purely to the service and praise of the Divine Majesty.*

The FIRST PRELUDE: is to think of the three degrees of humility that St. Ignatius sets out for us.

The SECOND PRELUDE: to ask for the grace that I desire. Here it will be to ask of Our Lord the grace that I may attain to the third degree of humility.

The FIRST POINT: THE 1ST MODE OF HUMILITY requires that one stay out of mortal sin.

The SECOND POINT: THE 2ND MODE OF HUMILITY requires one to stay out of venial sin.

The THIRD POINT: THE 3RD MODE OF HUMILITY requires one to imitate Our Lord by choosing poverty and to suffer reproaches like Our Lord did.

The COLLOQUY: We make the same type of colloquies that we made to Our Lady, Our Lord, and Our Heavenly Father in the meditation on the Two Standards. Here I will beg for the third mode of humility which I am so unworthy of and which I need in order to have the most intimate friendship with the Holy Trinity.

Do we really desire humility?

We can well remember Our Lord's words, "Amen I say to you, unless you be converted, and become as little children, you shall not enter the kingdom of heaven. Whosoever therefore shall humble himself as this little child, he is the greater in the kingdom of heaven." [*St. Matthew's Gospel*, 18:3-4]

How humble is humble enough? If we find ourselves asking this question, then we might well wonder if we lack magnanimity of soul. For magnanimity requires that we want to do the *most* we can to serve God Our Creator and Heavenly Father.

Our Lord is telling us that no one gets to heaven without having humility. St. Ignatius explains to us three modes of humility and that if we possess at least one of these modes of humility we can indeed save our souls. Yet, we must keep in mind that his explanation is given to us in order that we can examine ourselves and see how important humility is to us, and furthermore, to truly examine how much we love Christ. Are we truly willing to imitate Christ, especially His humility? St. Ignatius would invite us to ponder these three modes of humility so closely as to turn our pondering into a meditation bearing the

fruit of begging Christ to increase our humility and our love for Him. Indeed, St. Ignatius would have us learn so much about our own lack of humility and subsequent lack of ardor for Christ, that we will then greatly yearn for the third mode of humility and we will earnestly beg Our Lord to give us the third mode. Now let us study the three modes of humility in order to increase our desiring the best for our souls and to foster the deepest and most beautiful friendship with Christ we can have.

Considerations for the FIRST POINT: Those who possess the first mode of humility never want to commit a mortal sin.

St. Ignatius tells us that the souls who fall into this first mode are those souls who do not want to offend God by mortal sin. They truly have a fear of committing mortal sin. Yet this is the lowest degree of humility and we cannot save our souls without at least this grade of humility. In order to preserve this degree, we must follow Our Lord's precept to pray and be vigilant, "Watch ye, and pray that ye enter not into temptation." [*St. Matthew's Gospel*, 26:41]

It is so important to consider that to shoot for such a minimum of humility is not very generous. What friend would we be to someone if we said to him, "We love you enough to not want to kill you"? Surely, our love should be far greater than this!

True friends do not want to hurt each other in *any* way. Therefore, we should not want to hurt Our Lord by anything that would displease Him.

The practical reality of someone being content to attain only this mode of humility is that he most likely will not be able to maintain this and will likely fall into mortal sin. If we keep in mind how fragile our fallen human nature is, we can clearly see how easily one can fall into sin and lose his soul. Think of the angels who were created with high intellects and fell. Think of our first parents, who were dwelling in Paradise and fell. Add to this the fact that King David, a man according to the heart of God, fell. Further remember Solomon, who was endowed by God with extraordinary wisdom but fell. Finally think of how even St. Peter, especially chosen by Our Lord to lead His apostles and His Church, yet he fell when he denied Our Lord three times. Should we not have a great fear of becoming lukewarm and settling for mediocrity in our souls? We should want to stay far away from any thing and any occasion which would not be Christ-like or that He would see as a danger to our souls. May this be strong enough evidence to convince us not to be satisfied with having this mode of humility!

Considerations for the SECOND POINT: Those who possess the second mode of humility never want to commit a venial sin.

St. Ignatius tells us that the soul in this mode has reached a degree of detachment from creatures. This soul has attained such holy indifference to temporal things, such as honor and dishonor, wealth and poverty, health and sickness, a long life or a short life. This soul wants to avoid venial sin and all occasions of sin.

Although this soul is noble in its aspirations, where exactly does this soul stand? Fr. Hurter gives us these self-examination questions regarding this mode of humility:

Have we attained this degree? How easily we are deceived if we look at our good resolution and trust our frequent confessions. But whence the many relapses into venial sin? Why our many complaints when adversity strikes us, when the Lord is in earnest and takes us at our word, when He sends us humiliations, privations and sufferings? Whence that craving within us, which rules us completely, for honors, comforts, and worldly joys? Whence this dread of sacrifice, mortification, and self-abnegation? Are we striving with all our strength to submit to the will of God? For it is *self-evident*, on attentive consideration, that this is *necessary* if we would remain in the second degree. “He that contemneth small things shall fall little by little.” [Eccl. 19:1] However, we must strive for a still higher perfection.⁴

Yes, we must be on our guard constantly to work with all our efforts to despise all venial sin, especially deliberate venial sin. We must work tirelessly to avoid those venial sins committed through weakness by recognizing our human frailty and begging heaven’s assistance in striving to please God in all things and accepting all crosses and inconveniences.

As edifying as this mode of humility is described here, we must climb ever higher. For the tenderest friendship with Christ demands still more of us. The holy union with Christ which He expects us to seek requires everything from us. Remember, our God is a jealous God and wants us to love Him with our whole heart, and with our whole soul, and

⁴ Considerations from *Sketches for the Exercises of An Eight Days’ Retreat*, by Hugo Hurter, S.J., Ph.D., D.D., Professor Emeritus of Theology in the Catholic University of Innsbruck, copyright 1918; third edition, 1926, St. Louis, MO and London, Page 188.

We should also keep in mind that even if we do not have the sacramental confession available without compromise that we must practice perfect acts of contrition. Furthermore, by using indulgenced prayers and sacramentals such as our rosary beads, and Signs of the Cross, we can remit our venial sins. Our Lord indeed does not leave us orphans, especially when we are sacrificing and avoiding compromise out of love for Him.

with our whole mind.⁵ He insists on us giving Him everything. He must be all in all to us. This is what true charity and Divine Friendship requires. Thus, St. Ignatius explains to us the highest level of humility to which we will now turn our attention.

Considerations for the THIRD POINT: Those who possess the third mode of humility seek to imitate Christ in all things, even accepting poverty and reproaches for the praise and glory of the Divine Majesty.

This mode of humility is the highest. Let us reflect on Fr. Hurter's inspiring words to help us desire this mode of humility which leads to perfection.

This degree does not stop at indifference to poverty or riches, honor or dishonor, but provided the honor of God claims nothing else, this degree of humility actually decides in favor of that which the Savior chose as His portion, that is, poverty, shame, and suffering. What a grand, noble, and exalted disposition of the soul! To come to such a conclusion the following motives should persuade us:

- 1) The *love* of our dear Divine Redeemer. Indeed, we promised Him, "I will follow thee whithersoever thou goest."
- 2) The *conviction* that whatever the Lord, Who is wisdom itself, chooses, is the best, the most perfect, and will be the most useful for us.
- 3) The *example* of the saints, who were encouraged and drawn by the example of Our Divine Savior, and entered upon this road, seeking, loving, and choosing poverty, contempt, and suffering.
- 4) Even the example of the children of this world, who in their love of a human being, as of a child or a bride, or in their hopes of temporal gain or passing reward, even for carrying out their evil intentions, make great sacrifices, lead a very troublesome life, and take upon themselves great hardships. Think of the soldier, the miner, the railroad-man. Their lives are often harder than the mortified life of the penitent in the desert or the members of the strictest religious orders.
- 5) Glance at the *reward* given, not only in the hereafter, but already in this life. There ensues even here below, as a result of a such a disposition of mind, a peace which the world does not and cannot give, and a joy of the kind which the Apostles experienced when they had been scourged. "And they indeed went from the presence of the council, rejoicing that they were accounted worthy to suffer reproach for the name of Jesus." [Acts 5:41] "I am," declares St. Paul, "filled with

⁵ "Jesus said to him: Thou shalt love the Lord thy God with thy whole heart, and with thy whole soul, and with thy whole mind. This is the greatest and the first commandment." [St. Matthew 22:37-38]

comfort; I exceedingly abound with joy in all our tribulation.” No wonder that such souls have a taste of joy, in fact, are filled with joy; they are even now elevated above the things of earth, and can say with the Apostle of the gentiles: “But the things that were a gain to me, the same have I counted loss for Christ. Furthermore, I count all things to be but loss for the excellent knowledge of Jesus Christ my Lord.” [Phil. 3:7]

6) The *blessing* which rests on them for such a disposition of mind, and on the labors for the salvation of the souls of others. Truly Apostolic men are indeed apt instruments in the hands of Christ. They prefer sacrifices, self-denial, and suffering. They do not seek themselves, but the greater honor of God. Hence, we see the real followers of Our Divine Savior on the way to the cross rendering great service in the conversion of sinners.⁶

This third mode of humility is so perfecting and beautiful we should desire with all our hearts to have it! We should strive after this exalted degree of humility with the help of Our Lady and her Divine Son. Let us implore God to elect and elevate us to it. Let us prepare ourselves by degrees for this grade of humility.

But exactly what is necessary to reach this mode of humility?

- Let us resolve not only to *avoid* all mortal sin but to despise all *venial sin*, indeed to despise the very *shadow* of sin!
- Let us resolve to *make good use* of the daily opportunities for mortification and self-denial, to become accustomed to patiently bear rebukes, slights, and humiliations.
- Let us *strive* to be masters of ourselves and *endeavor* to be faithful followers and imitators of Christ Himself.
- Let us *purify* our intentions, and please Our Lord as the *Mystical Spouse* of our souls.⁷

⁶ Considerations from *Sketches for the Exercises of An Eight Days' Retreat* by Hugo Hurter, S.J., Ph.D., D.D., Professor Emeritus of Theology in the Catholic University of Innsbruck, copyright 1918; third edition, 1926, St. Louis, MO and London, Page 188-190.

⁷ These points are a paraphrase from *Sketches for the Exercises of An Eight Days' Retreat* by Hugo Hurter, S.J., Ph.D., D.D., Professor Emeritus of Theology in the Catholic University of Innsbruck, copyright 1918; third edition, 1926, St. Louis, MO and London, Page 191.

There is nothing higher for the soul to aspire to than the Mystical Marriage with Our Lord, the heavenly Bridegroom.⁸ Our Lord refers to Himself as the Bridegroom many times in the Gospels, for indeed, He intends that every elect soul be His spouse. Hence, St. Ignatius tells us to implore Our Lord to choose us for this mode of humility so we can better imitate Him and serve Him in our lives. What better result can be gotten from our cooperation in what we set out to accomplish from the first meditations on the *Principle and Foundation*? What noble friendship with Our Dear Lord Jesus Christ!!

Concluding thoughts:

Now we find that we can turn our thoughts to our begging colloquies that St. Ignatius recommended to those who desire to attain this third form of humility—for only this third form should satisfy our soul’s hunger for Christ!

COLLOQUY:⁹

[Addressing Our Lady as St. Ignatius advised us to do.] O, my mother Mary, I desire with all my heart to have this third degree of humility. Thou, tender Mother and excellent model of humility, were uniquely fashioned by God to help me, thy poor child to learn humility. I place myself in thy maternal hands. Please assist me to despise all sin and all things which are displeasing to Thy Son. Please aid me, dearest, tenderest, Mother, to embrace all suffering, both moral and physical, so I can better learn to imitate thy Divine Son. The Divine Bridegroom is attractive to me and I need thy help, O Mary, to properly dispose my soul for Him. I beg thee, dearest Mother Mary, to guide me and teach me all I need to know in order to please thy Son. I will say a *Hail Mary*.

[Then St. Ignatius has us address Our Lord with a similar colloquy.] O my dearest Lord Jesus Christ, I love Thee and I need Thee. I beg Thee to help me by giving me this third mode of humility. I know I am so unworthy of having this tremendous gift, and yet, I beg Thee from the bottom of my heart to grant me this deep humility. O my sweet Jesus, Thy humility is so attractive and charming to me! O how I long to imitate Thy humility! Alas, I am so weak and inexperienced in imitating Thee that I have no real idea how to begin. But I know that Thou will not despise my petition because Thou hast Thyself invited me when Thou said, “Learn from Me for I am meek and humble of heart,” and “Ask and you shall receive.” I throw myself at Thy Feet and beg Thee to keep Thy

⁸ Read this article: <https://catholiccandle.org/2019/06/20/our-souls-should-be-docile-brides-of-christ/>

⁹ Of course, this is only a suggestion of a possible colloquy. The exercitant can compose his own.

countless examples of humility ever before my mind so I can ponder them and endeavor to imitate them. Close with an *Anima Christi*.

[Then I will address the Father with a similar colloquy.] O almighty Father, Thou hast given Thy Dear Son to us to be our Model of virtue. I beg Thee to help me follow Thy Son's examples and imitate Him in all things. Help me to faithfully use every circumstance as a golden opportunity to imitate Thy Divine Son. Help me to have the strength to suffer whatever Thou art pleased to send me, both moral and physical suffering, even poverty and bearing the reproaches others inflict upon me.

Help me to always see that nothing is more important than faithful service to Thee. Likewise, help me to ever remember that whatever Thou hast chosen for my life and its circumstances, is because of Thy Providential care. Thou hast loved me from all eternity and thus, all things are for my good and for Thy Divine Honor and Glory. Let me delight in seeing Thee glorified in all things. Also, I beg Thee to help me be ever grateful to Thee for all Thou dost in time and in eternity. Close with an *Our Father*.

We have studied *the Three Modes of Humility* and have hopefully acquired a great desire to be of the third mode. In our next two lessons we will study intimately Our Dear Lord's Passion which will further help us pour out our hearts to beg Him to help us imitate His profound humility. By our faithful imitation of Him we hope to better dispose our souls to receive the wonderful gift of the third mode of humility. We hope to grow this noble heart-felt desire in these upcoming lessons/contemplations on the Passion of Our Lord.



The “Deadly Heat” Alarmism

In the Northern Hemisphere, we are in summer, so it is warm and ... well, summery. As we saw in past *Catholic Candle*¹⁰ analyses, the world has been in a normal, cyclical warming trend beginning roughly 40 years ago. This warming trend is only one of many that have taken place during the centuries. The current one began at the end of that period (the 1960s and 70s) during which the leftists had been alarming naïve and gullible people with a scare that we were entering a *New Ice Age*.¹¹

¹⁰ See, e.g., this article: *Climate Alarmists Abuse Data from Natural Weather Cycles*: <https://catholiccandle.org/2023/02/24/climate-alarmists-abuse-data-from-natural-weather-cycles/>

¹¹ Read this article: *Recalling a 1970s Climate-Change Hoax*: <https://catholiccandle.org/2022/10/25/recalling-a-1970s-climate-change-hoax/>

Those who read the mainstream media’s reporting know that this media is currently in *full-alarmist* mode about a crisis of the so-called “deadly” heat. We do not deny that heat can be deadly but rather, we know that the earth is like that: there are places where the heat is bad (especially during a warming cycle) and there are places where the cold is bad (especially during the cooling cycle).

None of that is alarming, surprising, or new. Below, are some of the recent alarmist headlines (with red underlining added).

Here (below) is the Washington Post:¹²



The image is a screenshot of a Washington Post article. At the top, the masthead reads "The Washington Post" with the tagline "Democracy Dies in Darkness" below it. A navigation bar contains the following categories: "Climate", "Environment", "Weather", "Climate Solutions", "Climate Lab", "Green Living", and "Business of Climate". The main headline is "Floods, fires and deadly heat are the alarm bells of a planet on the brink", with the words "alarm bells" underlined in red. Below the headline is a circular profile picture of Sarah Kaplan and the text "By Sarah Kaplan". Underneath that, it says "Updated July 13, 2023 at 12:55 p.m. EDT | Published July 12, 2023 at 7:49 p.m. EDT". At the bottom of the screenshot is a photograph showing two people in orange safety gear wading through floodwaters in a residential area.

¹² These headlines are collected here: <https://alexepstein.substack.com/p/the-myth-of-an-overheated-planet> (Red underlining added.)

Here (below) is the *New York Times*:

The New York Times

Wildfires in Greece

Fires Strike Tourist Destinations

Thousands Flee Rhodes

Video

Heat Waves Grip 3 Continents as Climate Change Warms Earth

Across North America, Europe and Asia, hundreds of millions of people endured blistering conditions. The U.S. special envoy for climate change called it “a threat to all of humankind.”



Give this article



664

Here (below) is the leftist *The Atlantic Magazine*:



PLANET

When Will the Southwest Become Unlivable?

Air-conditioning and swimming pools are sustaining my community. I worry about the day when they won't be enough.

By Ruxandra Guidi

Here (below) is the UK's daily newspaper, called *The Guardian*:



The leftist mainstream media and leftist governments are so “over-the-top” with this “deadly heat” alarmism that they declare that the earth is “boiling”! For example, the U.S. Government’s worldwide media, *Voice of America*, amplifies the United Nations’ propaganda, declaring that the “planet is boiling”!¹³ Here is one such alarmist declaration:



UN Chief: Planet Is Boiling; Time Running Out to Stop Climate Crisis



¹³ This headline can be found here: <https://www.voanews.com/a/un-chief-planet-is-boiling-time-running-out-to-stop-climate-crisis/7200507.html>

The mainstream media follows right along, declaring we are boiling! Here, e.g., is the U.K.'s *The Guardian*¹⁴:

Guardian front page, 28 July 2023: Era of global boiling has arrived and it is terrifying, says UN chief



We are now in a media landscape where the leftist climate alarmism is parodying itself! There is nothing more extreme for anyone to use to caricature this mainstream media burlesque!

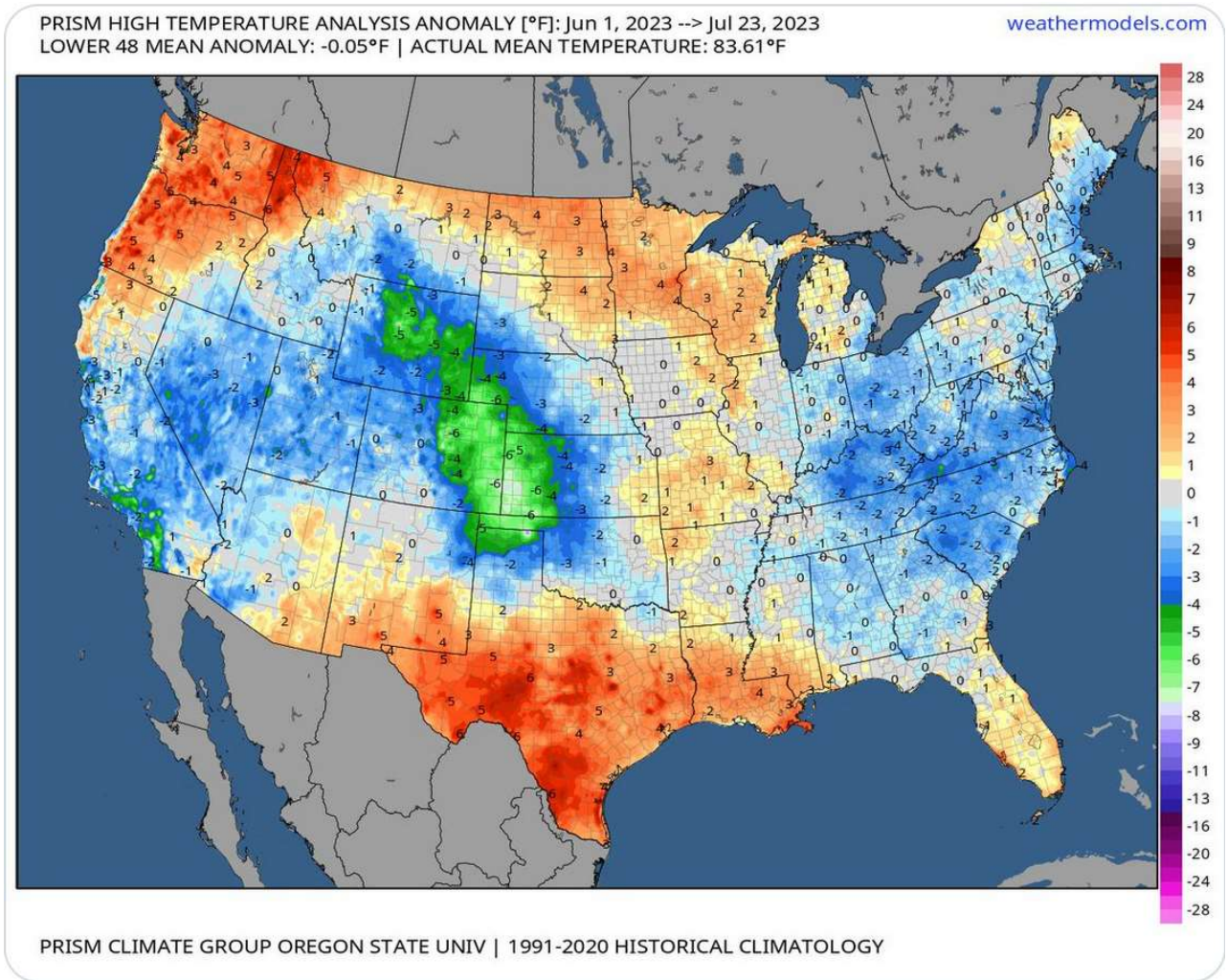
To mislead the gullible people that we are "boiling", the mainstream media has been obsessed lately with some local or regional temperature being hotter than usual or setting a heat record, in order to give the false impression that the heat record pertains broadly to the whole country or the whole world. This summer, the mainstream media especially tries to alarm people about the temperatures in Phoenix, Arizona.

But the mainstream media does not mention the very many other local and regional places which have been *below* their usual average temperature this summer. For example, 2023 has been a cooler than usual summer in the U.S. Midwest. The national

¹⁴ <https://twitter.com/guardian/status/1684675287529742336>

mainstream media would *never* include that perspective in order to provide some balance in their reporting, because they don't *want* balanced reporting or the truth.

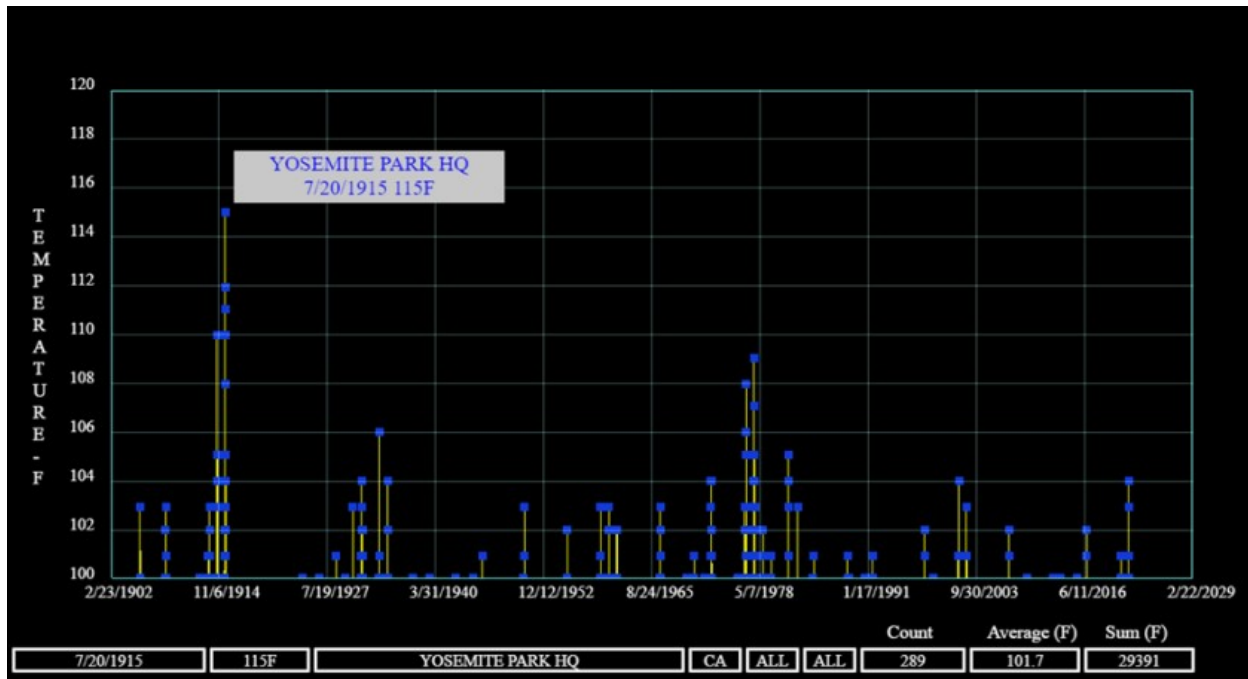
There are such a large number of places in the U.S. which are currently experiencing *cooler* than usual temperatures, that the average temperatures in the entire U.S. are very slightly *lower* than usual despite *higher-than-usual* temperatures in some places like Phoenix. Here is data from a University of Oregon climate lab showing a *slightly cooler than normal* average temperature for the U.S. as a whole¹⁵:



Let us look at the comparison of high temperatures this summer compared to prior decades.

¹⁵ This data can be accessed here: <https://alexepstein.substack.com/p/the-myth-of-an-overheated-planet>

The U.S. has temperature records for Yosemite National Park which go back more than 120 years. Here is a record of every occasion on which a temperature over 100°F was recorded there¹⁶:



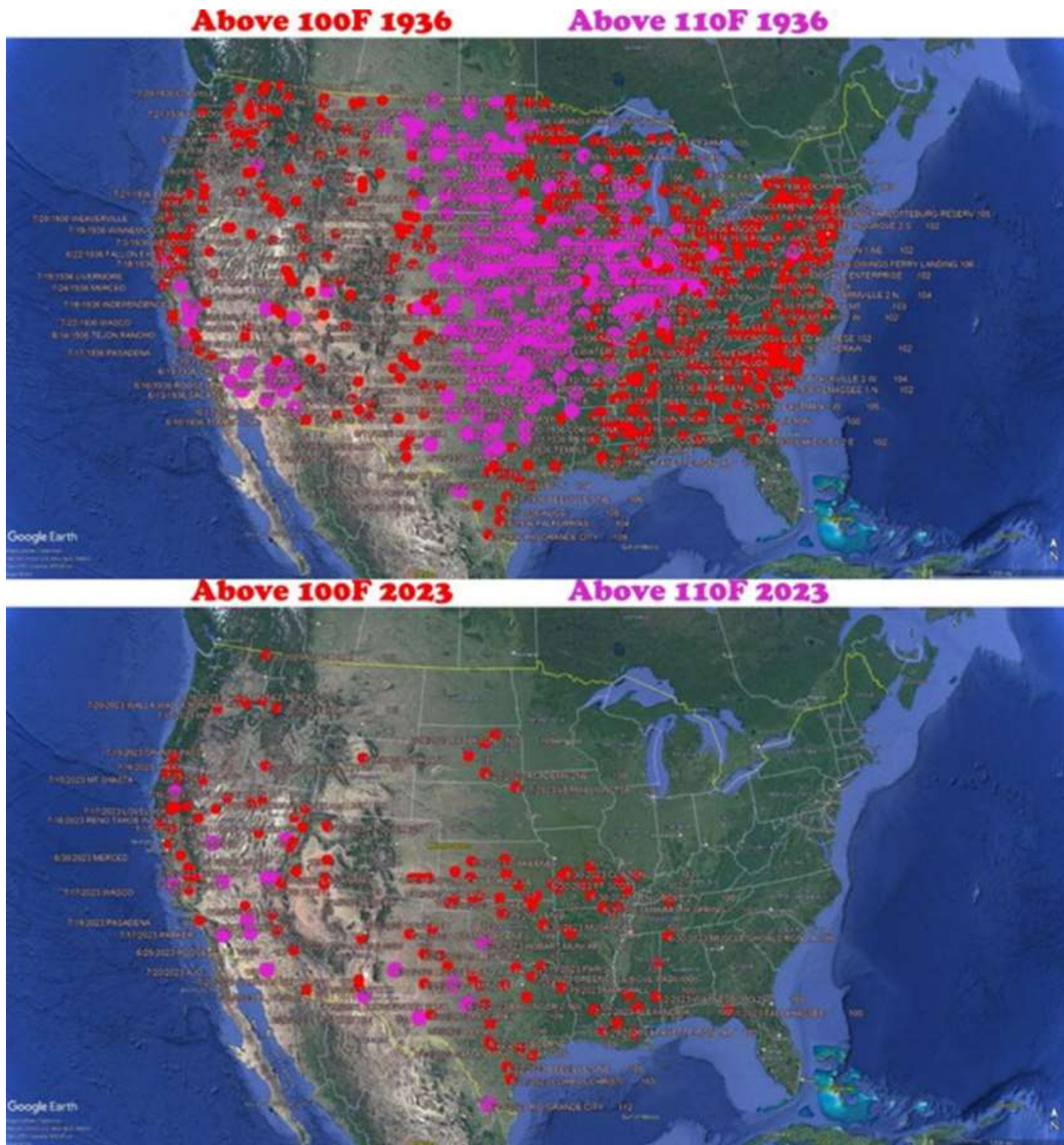
In the above graph, we see that the temperatures at Yosemite were certainly hotter in the past, especially in about 1914. Does that mean we are in a “scary” global cooling now and heading to a *New Ice Age*? No. It just means that temperatures vary over the years and in different locations, and that it happens that in other decades Yosemite reached temperatures much hotter than are currently occurring.

Let us look more broadly at extreme temperatures in the whole U.S. by looking at three things:

1. The temperature records for the whole nation;
2. Which show how many locations there were with temperatures above 100°F in 1936; and
3. Also, those records which show how many places temperatures reached above 110°F that same year.

¹⁶ <https://twitter.com/TonyClimate/status/1683434520526348289>

After that, let us see how the number of these locations compare to the number of such locations during our *current* year¹⁷:



¹⁷ <https://twitter.com/TonyClimate/status/1683428528006758401>

From these maps, we see that there were so many more places with those high temperatures in 1936 compared to the present year. This matters because it is one of many ways to show that the leftists' present alarmism is not justified by reality. Instead, the "climate emergency" that the leftists have declared merely serves the leftist political agenda of the ongoing globalist power grab (as we saw in past *Catholic Candle* articles.¹⁸

Even Assuming (Contrary to Fact) that Humans Caused Increased Warming, Would That Extra Warming Be Good?

Above, we saw the alarmist hype about the heat being so extreme that it "tests the limits of survival" (as one mainstream daily newspaper declared). But we saw that the truth is that dishonest mainstream media "cherry-picks" the places that happened to be hottest at a given time and does not balance its reporting with the essential perspective that there are so many places that are *cooler than usual* at that same time (as is true every year). Nor does the mainstream media inform people that the present year is actually a year of (slightly lower than) average temperatures overall (as shown in the Oregon State University Climate Lab data and the other data).

But let us suppose – contrary to fact – that North America or the entire world were *really* warming beyond the normal cyclical warming which is part of the normal patterns that fluctuate over the course of the centuries, the decades, and the months of a year. Would such (hypothetical) greater warming be bad?

Catholic Candle readers might already know the answer to that question by remembering from a past article¹⁹ that, in the centuries-long warming cycle called the *Medieval Warming Period*, the extra warmth was so beneficial that scientists often call this period the *Little Climatic Optimum* to indicate its advantages.

The truth is that any increased warming has important advantages. Among other benefits, this increased warmth saves lives because **far more human beings die of cold than of heat**. On every continent cold is more dangerous than heat.

¹⁸ See, e.g., <https://catholiccandle.org/2019/12/22/the-baseless-climate-change/>

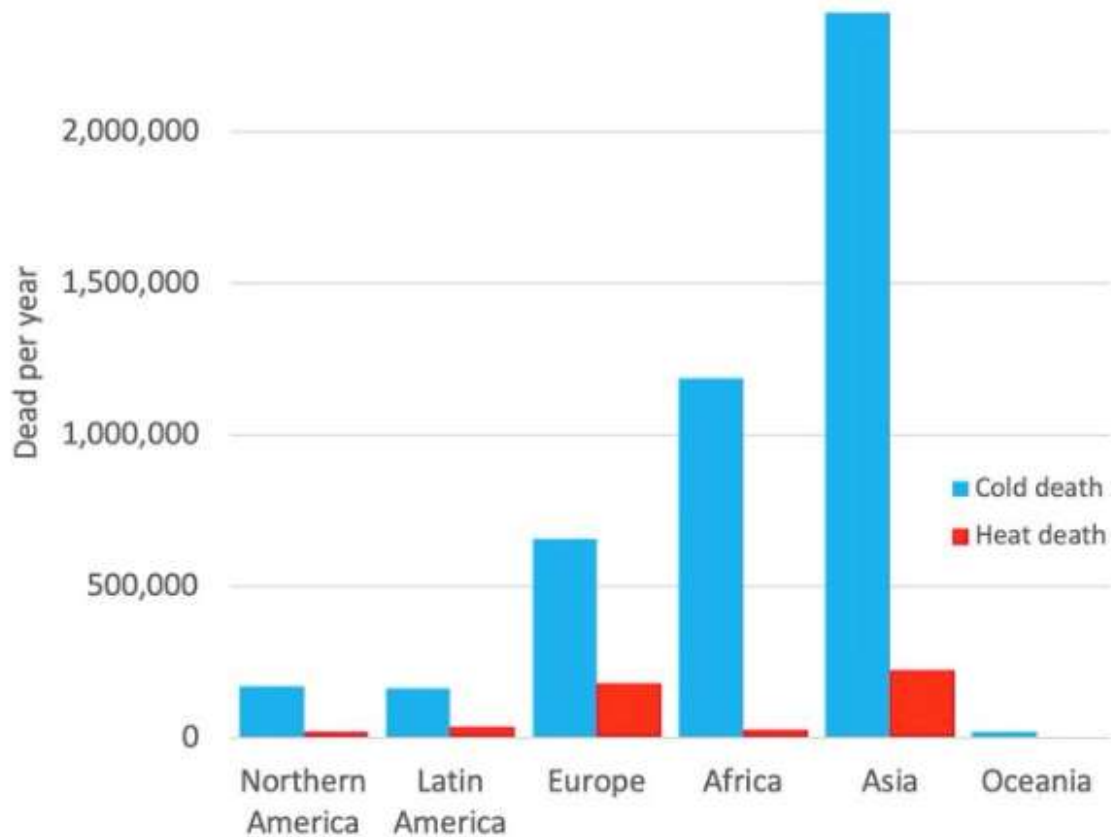
¹⁹ Read this article: *Climate Alarmists Abuse Data from Natural Weather Cycles*, found here: <https://catholiccandle.org/2023/02/24/climate-alarmists-abuse-data-from-natural-weather-cycles/>

Even the data from the prestigious, leftist medical journal, *The Lancet*, shows that there are far more deaths from cold than from heat.²⁰ Look at this graph:²¹

²⁰ See table 1 from this study: [https://www.thelancet.com/journals/lanplh/article/PIIS2542-5196\(21\)00081-4/fulltext](https://www.thelancet.com/journals/lanplh/article/PIIS2542-5196(21)00081-4/fulltext)

²¹ https://substackcdn.com/image/fetch/f_auto,q_auto:good,fl_progressive:steep/https%3A%2F%2Fsubstack-post-media.s3.amazonaws.com%2Fpublic%2Fimages%2F97f07c50-8cda-4e82-9827-7c37effbb79f_643x637.png

***Lancet*: More Cold Death Than Heat Death Everywhere**



Annual dead from heat and cold across world 2000-19. Latin America includes the Caribbean. Sources: "Global, regional, and national burden of mortality associated with non-optimal ambient temperatures from 2000 to 2019", *Lancet* July 2021, [https://www.thelancet.com/journals/lanplh/article/PIIS2542-5196\(21\)00081-4/fulltext](https://www.thelancet.com/journals/lanplh/article/PIIS2542-5196(21)00081-4/fulltext), table 1, twitter.com/bjornlomborg

The Lancet is a leftist medical journal which adheres to the leftist claim that human-caused global warming is a “fact”. But even *The Lancet* data²² shows that (the supposed) “global warming” SAVES about 167,000 lives per year (283,000 minus 116,000). Look at this graph:²³

²² See table 1 from this study: [https://www.thelancet.com/journals/lanplh/article/PIIS2542-5196\(21\)00081-4/fulltext](https://www.thelancet.com/journals/lanplh/article/PIIS2542-5196(21)00081-4/fulltext)

²³ <https://www.wsj.com/articles/climate-change-heat-cold-deaths-medical-journal-health-risk-energy-cost-fossil-fuels-11631741045>

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Climate Change Saves More Lives Than You'd Think

Eight times as many people die from cold as heat, and the fix for both is access to cheap fuel.

By Bjorn Lomborg

Updated Sept. 16, 2021 4:55 am ET



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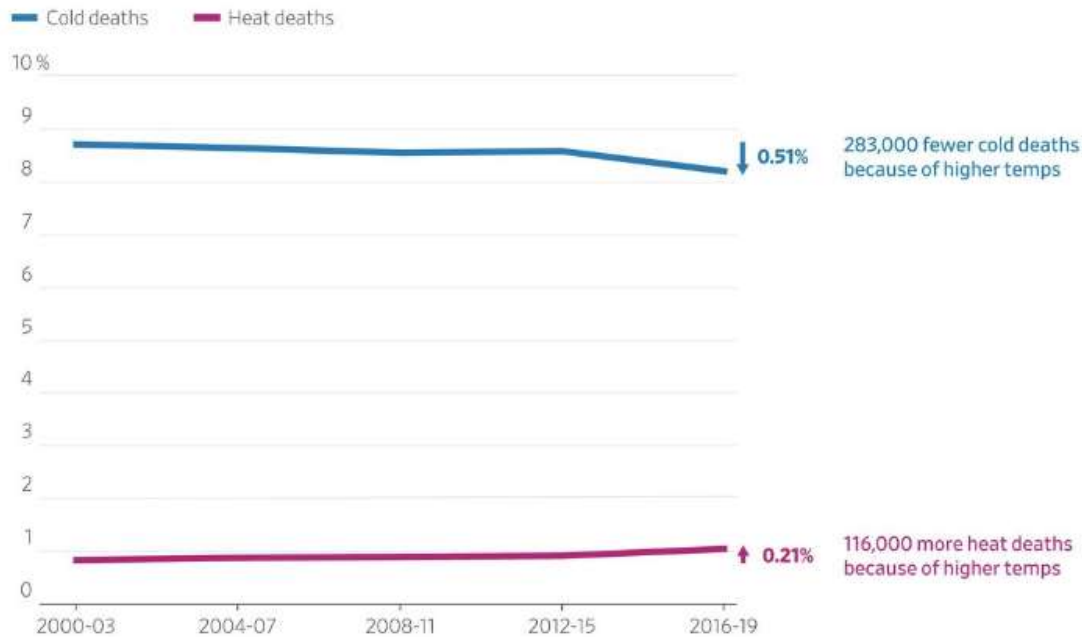
411



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Heat and Cold Related Deaths, 2000-2019, as a Percentage of All Global Deaths



Source: Lancet

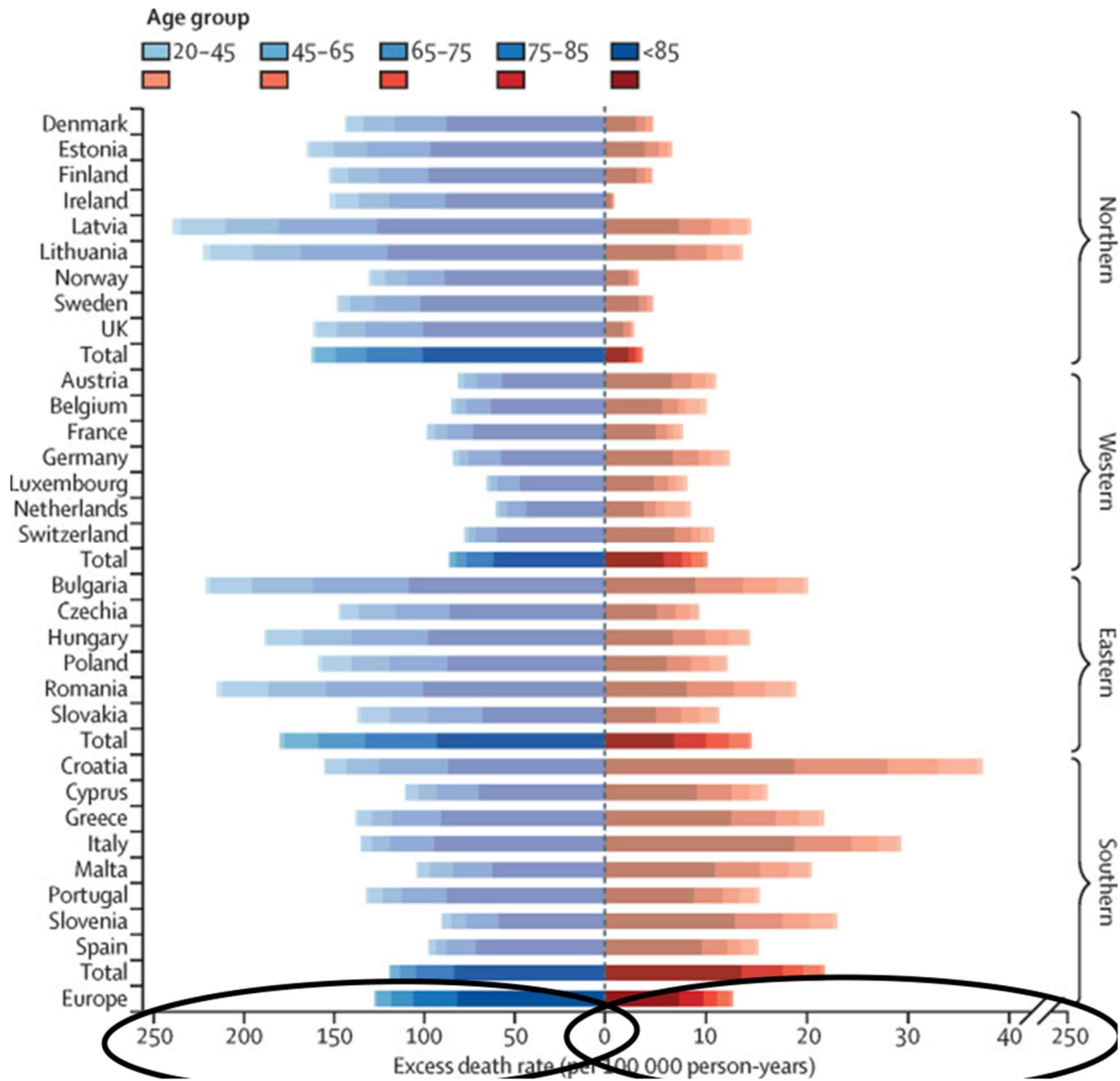
If it were not a lie that “global warming” is caused by man and by the burning of fossil fuels, then we see that it would **bring about beneficial changes and would save lives for us to burn more fossil fuels** in order to warm the planet to reduce the number of deaths from cold. Yet, because such burning of fossil fuels does not result in any relevant temperature difference to the world, burning more of those fuels does not make any relevant difference to the climate.

However, the leftists are not concerned with the truth or with saving lives. They are concerned with promoting their agenda to grab global power.²⁴ Thus, in its 2023 study, *Excess mortality attributed to heat and cold: a health impact assessment study of 854 cities in Europe*, *The Lancet* publishes a deceptive graph which manipulates the X axis to represent five times as many heat deaths with the same length X axis as used for cold deaths.

Here is *The Lancet* graph (below).²⁵ Look at the calibration markings on the left and right sides of the X axis (*i.e.*, the horizontal axis). The heat side represents five times the number of deaths as the cold side does, for the same length. We added black ovals to this graph to show the location of this deception:

²⁴ See, e.g., <https://catholiccandle.org/2019/12/22/the-baseless-climate-change/>

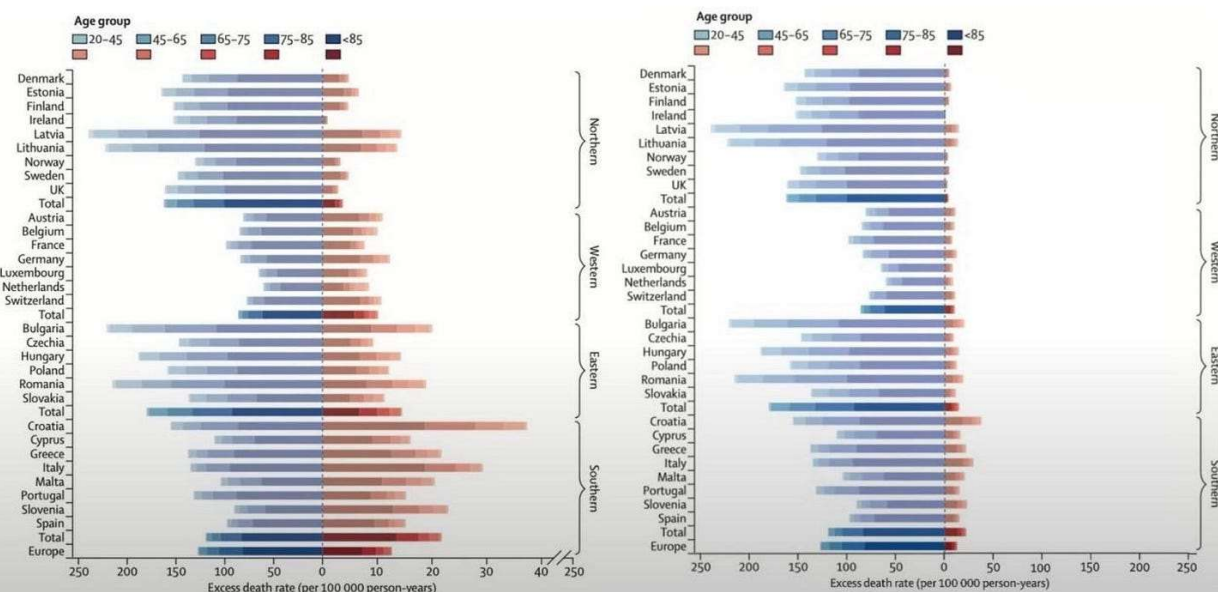
²⁵ From [https://www.thelancet.com/journals/lanplh/article/Piis2542-5196\(23\)00023-2/fulltext](https://www.thelancet.com/journals/lanplh/article/Piis2542-5196(23)00023-2/fulltext)



Now let us reproduce that (above) *The Lancet* graph again, side-by-side with the same data with a non-deceptive graph, *i.e.*, with the X axis which is calibrated the same way for both cold deaths and heat deaths. Here is the graph:

10x more Cold Deaths than Heat Deaths in Europe

On the left, how it is presented, on the right with equal axes



2023 paper: "Excess mortality attributed to heat and cold: a health impact assessment study in 854 cities in Europe" based on 2000-19 data, [www.thelancet.com/journals/lanplh/article/PIIS2542-5196\(23\)00023-2/fulltext](https://www.thelancet.com/journals/lanplh/article/PIIS2542-5196(23)00023-2/fulltext), Figure 3 left, Figure 3 with equal axes for rates of heat deaths (red) and cold death (blue) on right. twitter.com/bjornlomborg

We see that some leftists lie about the data. See, e.g., "Big Data" – a New Version of an Old Danger of Manipulation and Deception: <https://catholiccandle.org/2021/12/11/h/>. Others distort the true data by deceptive graphs, etc.

So again, we see that warming will help save lives now and will benefit the peoples of the world, as the greater warmth did during the *Medieval Warming Period*, a/k/a the *Little Climactic Optimum*.

We hope this information makes the truth clearer that there is no human-caused global warming and further, that global warming is nothing to fear. We hope this is also a salutary warning to not believe or trust the leftist establishment and media. They do the devil's work and spread his lies. They do not serve Our Lord, Who is the Truth.

Let us watch and pray, as Our Lord told us to do. Let us serve Christ the King bravely and willingly, which is the reason He placed us in these times.

Let us fight together, side-by-side, in the trenches of the Church Militant, for Christ the King and against His enemies.

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